

# AARP CARFIT

## HELPING MATURE DRIVERS FIND THEIR SAFEST FIT



CarFit is a FREE, interactive and educational program that teaches participants how to make their personal vehicle “fit” them to increase safety and mobility when they hit the road.

- ◆ Review 12 key areas of your fit to your car, such as adequate space from the steering wheel, proper seat belt use and properly adjusted head restraints.
- ◆ Learn how to use and adjust your safety devices.
- ◆ Each checkup takes about 20 minutes - it is not a driving test or mechanical inspection.
- ◆ For more information, visit [www.car-fit.org](http://www.car-fit.org).

### **AARP Driver Safety's CarFit Event**

Monday, June 5, 2017

10am-12pm (by appointment)

South River Office on Aging  
Human Services Building Parking Lot  
55 Reid Street  
South River

Office on Aging members may call to schedule their CarFit appointment beginning Monday, April 24; the event will be open to all senior citizens residing in Middlesex County beginning May 15 (space permitting).

**(732) 257-2340**