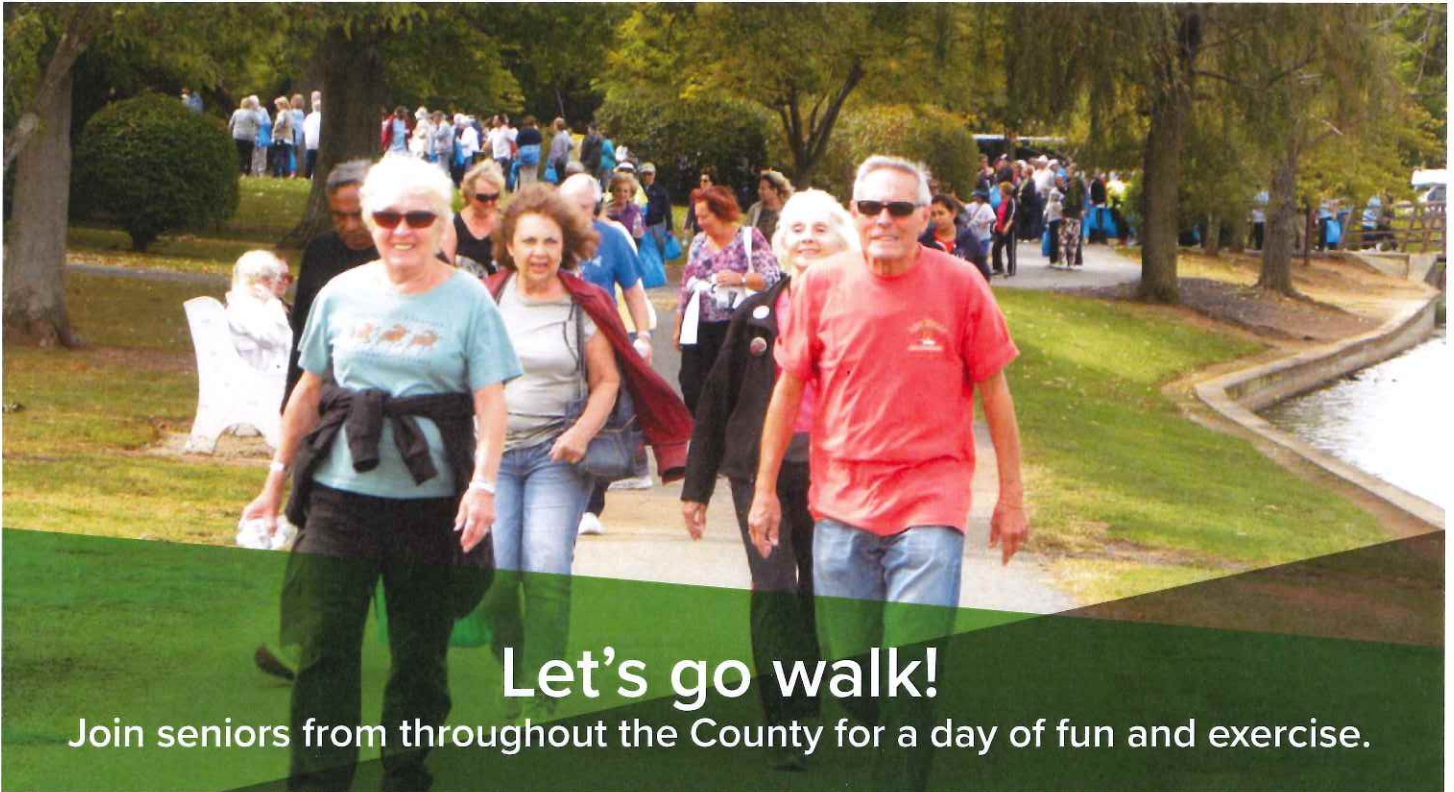


SENIOR HEALTH & FITNESS WALK

September 25th | 10AM - 1PM
Roosevelt Park | Parsonage Road, Edison



Let's go walk!

Join seniors from throughout the County for a day of fun and exercise.

Registration is required

For more information
or to register call
732-745-3295

OR

Contact your local
Senior Center

Registration ends September 4th.

Sponsored by the Board of Chosen Freeholders and
The Middlesex County Office of Aging & Disabled Services

- Wellness info
- Health screenings
- Boxed lunches
- Raffles
- T-shirts
- Entertainment

Middlesex County Board of Chosen Freeholders

Ronald G. Rios, *Director*

Charles E. Tomaro, *Deputy Director*

Blanquita B. Valenti, *Chair, Community Services Committee*

Kenneth Armwood, Charles Kenny, Leslie Koppel, Shanti Narra

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