



Second Chance Pantry

First Reformed Church

40 Thomas Street, South River, New Jersey

New time changed to: Now open from 2:00 p.m.- 3:00 p.m.

Dates opened: February 12, 26, March 12, 26

Second Chance Pantry is a place where people in our community can get food that may have gone unwanted. According to reports Americans throw out 40% of their food. A lot of this because people are confused by what is commonly known as “Food Dating”

- **Sell by Date**: a date placed on a can or packaged item of food that is meant for retailers. It tells a store when to pull an item from the shelves.
- **Best if Used by Date**: date is recommended for best flavor or quality. It is not a purchase or safety date.
- **Use by date**: the last day recommended for use of the product, while its at its peak quality. Again, date has been established by manufacturers.

Did you know that canned foods like tomatoes and citrus foods will keep for 1 and ½ years? Other foods like meat, fish, and vegetables will last for 5 years.

Did you know Mayonnaise only has a short shelf life if it’s been unopened, and stored in your pantry? It only lasts about 1 week after the use by date.

Did you know white rice when stored properly can last for years! Brown rice has a shorter shelf life, lasts about 6 months.

More information can be obtained from the USDA (United States Dept. of Agriculture)

** Second Chance Pantry is a Girl Scout Gold Award Project**