

REGULAR MEETING
BOARD OF HEALTH
MEETING NO. 1

January 20, 2026

IN COMPLIANCE WITH CHAPTER 231, PUBLIC
LAW 1975, NOTICE OF THIS MEETING WAS GIVEN BY WAY OF ANNUAL
NOTICE: EMAILED TO THE HOME NEWS TRIBUNE AND THE
SENTINEL AND POSTED ON THE WEBSITE OF THE BOROUGH OF SOUTH
RIVER AND THIS ANNOUNCEMENT MUST BE ENTERED INTO THE MINUTES
OF THIS MEETING.

A Regular Meeting of the Board of Health of the Borough of South River in the County of Middlesex, the State of New Jersey was held on January 20, 2026 and was called to order by Alyssa Hager at 6:00 PM at 48 Washington St., South River, New Jersey, with the following Committee Members in attendance:

Committee Member(s) Present: Lukacs, D. Balazs, Trygar, Prasek, Sweeney
Committee Member(s) Absent/Excused: Chando, L. Balazs, Major, Kolbik
Council Liaison: Sandra DaSilva
Health Inspector: Jane Breslin
BOH Secretary: Alyssa Hager

Organization

Alyssa Hager asked for name(s) for the Election of President. Donna Balazs nominated Bonnie Trygar and was seconded by Robyn Prasek. No other nominations were made. Motion to close nomination by Robyn Prasek, seconded by Donna Balazs. All were in favor.

Election of Bonnie Trygar to the position of President, to the SR Board of Health.

ROLL CALL VOTE

Yeas: Lukacs, D. Balazs, Trygar, Prasek, Sweeney
Nays: None
Absent: Kolbik, Major, Chando, L. Balazs

Bonnie Trygar resumed the seat of President to the Board of Health.

Alyssa Hager asked for name(s) for the Election of Vice-President. Bonnie Trygar nominated Robyn Prasek and was seconded by Donna Balazs. No other nominations were made. Motion to close nomination by Donna Balazs seconded by Bonnie Trygar. All were in favor.

ROLL CALL VOTE

Yeas: Lukacs, D. Balazs, Trygar, Prasek, Sweeney

Nays: None

Absent: Kolbik, Major, Chando, L. Balazs

Appointment(s)

RES: 2026-1

January 20, 2026

RESOLUTION

WE THE MEMBERS of the Board of Health of the Borough of South River do hereby appoint the following individuals to said board effective January 1, 2026 to December 31, 2026 in accordance with the current borough salary ordinance/resolution.

Michelle Urbanowicz - Secretary

Naomy Young- Assistant

Dated: January 20, 2026

/s/ _____

President

RES:2026-2

January 20, 2026

RESOLUTION

WE THE MEMBERS of the Board of Health of the Borough of South River do hereby recommend that a stipend be given to Debra Lackey for her services as Deputy Registrar of Vital Statistics for the period from January 1, 2026 through December 31, 2026 in accordance with the current borough salary ordinance/resolution.

Dated: January 20, 2026

/s/ _____

President

RES:2026-3

RESOLUTION

WHEREAS, the Board of Health of the Borough of South River in the County of Middlesex, the State of New Jersey, has heretofore adopted a compiled “Rules and Regulations of the South River Board of Health; and

WHEREAS, the Board of Health desires to adopt the same for the year 2026; and

NOW, THEREFORE, BE IT AND IT IS HEREBY RESOLVED by the Board of Health of the Borough of South River that the said “Rules and Regulations of the South River Board of Health”, as compiled, be adopted for the year 2026.

Dated: January 20, 2026

/s/ _____

President

RES:2026-4

January 20, 2026

RESOLUTION

BE IT AND IT IS HEREBY RESOLVED by the Board of Health of the Borough of South River in the County of Middlesex, State of New Jersey that in compliance with Chapter 231, Public Law 1975. PLEASE TAKE NOTICE that the following shall be the regular public meeting schedule of the said **Board of Health** for the year **2026**

Place: 48 Washington Street, South River

Time: 6:00 pm

DATES: MONTH DAY

Meetings are the 3rd Tuesday of each Month except where noted:

February	17th
March	17th
April	21st
May	19th
June	16th
July	21st

August	18th
September	15th
October	20th
November	no meeting
December	no meeting
January (2027)	19th

Dated: January 20, 2026

/s/ _____

President

RES:2026-5

January 20, 2026

RESOLUTION

BE IT AND IT IS HEREBY RESOLVED, by the Board of Health of the Borough of South River in the County of Middlesex, the State of New Jersey, that pursuant to Chapter 231, Public Law 1975, the Home News-Tribune, a news publication published in Neptune, NJ and with circulation within the Borough of South River is hereby designated as the Official Newspaper for all Official Notices of the Board of Health for the year 2026; and

BE IT FURTHER RESOLVED that the Sentinel Publication, a weekly newspaper used for display advertisement not of a legal nature.

Dated: January 20, 2026

/s/ _____

President

Motion to accept the Resolutions 2026-1 to 2026-5 was made by Donna Balazs, seconded by Robyn Prasek.

ROLL CALL VOTE

Yeas: Lukacs, D. Balazs, Trygar, Prasek, Sweeney

Nays: None

Absent: Kolbik, Major, Chando, L. Balazs

Regular Meeting

MINUTES

Monthly minutes for October 2025 were submitted for approval and/or amendment. Bonnie Trygar made a motion to approve the minutes and was seconded by Donna Balazs. All were in favor.

REPORTS

The monthly registrar reports for October, November, and December 2025 were reviewed and read. A motion to accept the reports was made by Bonnie Trygar, seconded by Donna Balazs. All were in favor.

The monthly health inspector's sanitation reports for October, November, and December 2025 were reviewed and read. A motion to accept the reports was made by Beth Lukacs, seconded by Bonnie Trygar. All were in favor.

OLD BUSINESS

1. Food Bank - \$166,380.53 – Everything is going well. Patrons are allowed to visit the Food Bank twice a month for the months of January, February, and March. The shelves are full but some items still need to be purchased. Numbers are lower in the winter months so hopefully traffic will pick up. Thanksgiving and Christmas was a great turnout. Thank you to the Fire Department for all your support, along with the Ria Mar. The Food Bank has received donations from obituaries recently. If you know of any obituaries that are donating to the Food Bank, please let Beth Lukacs know.
2. Animal Control – (\$1,454.84 TNR \$3.25 Pet Pantry) – Nothing discussed at this time.
3. Event Planning - \$17.74 – Nothing discussed at this time.
4. Operation RAM - \$1,199.89 – Nothing discussed at this time.
5. Frost on the Pumpkin - \$2,986.15 – Bonnie Trygar announces that Council has started working on the event. Robyn Prasek volunteers to try and be a part of any upcoming meetings regarding the event.

BOARD LIAISON COMMENTS

The Board welcomes the new council liaison, Sandra DaSilva.

MEMBER COMMENTS

The Board discusses the rabies clinic that will be taking place on March 28. It will be from 12 to 2:30. Volunteers are needed. The late fee has been waived until 4/1/26. Discussions ensue regarding the two scholarships for Frost on the Pumpkin and Health & Wellness.

ADJOURNMENT

Motion was made by Donna Balazs to adjourn the meeting, seconded by Robyn Prasek. All were in favor. Next meeting will be held on February 17, 2026.

Respectfully submitted,
Alyssa Hager, Secretary to Board