

South River Office on Aging
Human Services Building
55 Reid Street
South River, NJ 08882

April 2025
Volume 4, Issue 4
(732) 257-2340

The Senior Scoop

MEMBER DATABASE UPDATE

In our February and March newsletters, we requested that current Office on Aging members that joined prior to 2025 complete a new Membership Application in an effort to ensure that the information in our database is up to date. The information we collect is then compiled for mandatory quarterly reporting on federally-funded grants, which constitute the majority of our center's programming such as fitness classes, social events, assistance with benefits and entitlements, transportation, etc. At the close of business on Monday, March 31st, members that have not turned in completed applications will be deactivated in our system, and all services to those members will be temporarily suspended until 1.) we receive a fully-completed Membership Application, and 2.) the member's photo is taken (if one does not already exist in our database), and 3.) a physical scan tag is issued (if one has not previously been assigned). To avoid or minimize service interruption due to deactivation, which includes the ability to sign up for and participate in activities, events, fitness classes, bus transportation, etc., it is imperative that members complete this simple but necessary task to continue or reinstate their privileges.

MONDAY FUNDAY

Monday Funday continues this month, and for those who missed our introduction in March, we're hosting weekly socials and activities that turn the worst day of the week into the best excuse to have fun! No more dreading Mondays—we're turning it into the day you'll look forward to all week. Come for the good times and stay for the friendships. Here's the April on-site lineup:

Left-Right-Center with a Twist: Let's get ready to roll! Fast-paced, laugh out loud fun—will luck be on your side, or will you be left empty-handed? Only one way to find out. When: Monday, April 7th at 1pm; *sign-up begins Tuesday, April 1st.*

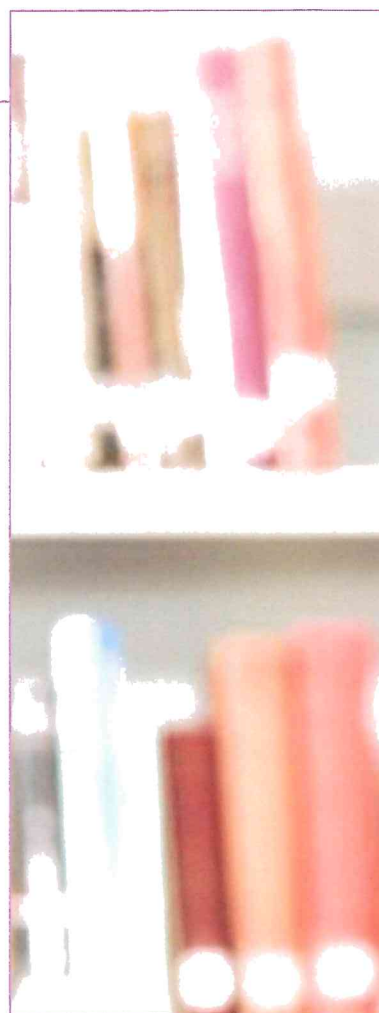
Latin Dance Workout: Moderate-intensity workout that mixes cardio with up-beat Latin dance moves. When: Monday, April 14th at 1:30pm (\$1 recommended contribution); *advanced sign-up not required.*

Jazz Club @ 55: Laid-back atmosphere, moody lighting, smooth rhythms, lively conversation, light bites. When: Monday, April 21st at 1pm (\$5 pre-paid); *sign-up begins Tuesday, April 1st.*

Tai Chi: Low-intensity practice that focuses on slow, controlled movements that emphasize balance and coordination. When: Monday, April 28th at 1:30pm (\$1 recommended contribution); *advanced sign-up not required.*

NAT'L HEALTHCARE DECISIONS DAY

April 16th is National Healthcare Decisions Day, a nationwide effort to educate the public about the importance of advance care planning. Discussing and documenting healthcare wishes through documents like Advance Directive (or Living Will) and Healthcare Power of Attorney (or Healthcare Proxy) ensures an individual receives the medical care they desire in the event of incapacitation or inability to communicate, while reducing the burden on loved ones by providing a clear understanding of their wishes. Appointments are available with a member of our staff throughout the month of April, who will explain the options in simple terms, as well as assist with the documentation process. *Sign-up begins Tuesday, April 1st.*



Let us be grateful to people
who make us happy.
They are the charming
gardeners who make
our souls blossom.
— Marcel Proust



OFFICE CLOSURE

The Office on Aging will be closed on Friday, April 18th in observance of Good Friday.

CHARCUTERIE BOARD MAKING

Let's get cheesy! Join us in crafting your own spring-themed charcuterie board (meant to be taken home and enjoyed at a later time) — because life's too short for boring snacks. Tuesday, April 15th at 11am. \$5 pre-paid. *Sign-up begins Tuesday, April 1st.*

FUN & GAMES WITH KIDS

Bring Your Kids to Work Day just got a whole lot more exciting, and you're invited! Come meet our team's little ones for some laughs, wisdom, and a little mischief. Fun activities for all ages, snacks to keep the energy up, and maybe even a dance-off if the mood strikes. Thursday, April 24th at 11am. RSVP required. *Sign-up begins Tuesday, April 1st.*

SHEN YUN @ NJPAC

A brilliant artistic revival and celebration of China's rich cultural heritage that comes alive on stage, bringing the magnificence of 5,000 years of civilization vividly back to life. New Jersey Performing Arts Center, Newark, NJ. Wednesday, April 30th at 10am. \$90 pre-paid + Lunch (cash only). *Sign-up begins Tuesday, April 1st.*

UPCOMING TRIPS & EVENTS

Kentucky Derby Party: It's time to get lucky in Kentucky! Join us for a Run for the Roses-theme gala celebrating the most exciting 2 minutes in sports. Come ready to sip, savor & show off your derby-day style. Hats, pearls, & bow ties encouraged. Friday, May 2nd at 11:30am. \$8 pre-paid; transportation is available and must be arranged at sign-up. *Sign-up begins Tuesday, April 1st.*

Pre-Mother's Day Victorian Tea @ Mathis House: 5-course traditional Victorian tea service in an award-winning tea room. Toms River, NJ. Wednesday, May 7th at 1:30pm. \$60 pre-paid. *Sign-up begins Tuesday, April 1st.*

Stay NJ Property Tax Credit Program Presentation: The State of New Jersey's tax relief program application process for senior citizens and Social Security Disability recipients is changing this year, and we strongly encourage members to join us for a presentation, given by the NJ Division of Taxation, during which the new program will be thoroughly explained. Thursday, May 8th at 11am. RSVP required; transportation is available and must be arranged at the time of RSVP. *Sign-up begins Tuesday, April 1st.* **Please note: we will not be offering assistance with the new PAS-1 form until after the state's presentation.**

NJ Motor Vehicle Commission Mobile Unit: The New Jersey Motor Vehicle Commission's Mobile Unit will be at the Human Services Building on Wednesday, June 25th to facilitate Real IDs (non-renewal), Registration renewals, Non-Driver IDs, Replacement Titles/Registrations. Office on Aging members may schedule appointments through our office on a first come, first served basis from April 8th-April 25th. All other New Jersey residents must schedule their appointments online by visiting the following website:

<https://telegov.njportal.com/njmvcmobileunit> and following the prompts for appointment type, appointment location, and appointment date and time; there will then be a section to enter applicant information. The following pages explain the proper documentation necessary for acquiring licenses (standard, non-driver, and Real ID).

Residential Paper Shred Event: The borough's annual event is scheduled for Saturday, June 28th from 9am-12pm at the Department of Public Works, 9 Ivan Way. Details will be included in our June newsletter.

SIGN-UP 101

Generally, sign-up for the month begins on the first business day of the calendar month, unless otherwise indicated. Sign-up for activities, events or trips scheduled during the first week of that month are accepted the last week of the month prior.

Some programming requires advanced sign-up and payment; information including date and cost are specified in the body of the newsletter, so please be sure to read it in its entirety.

Members who commit to a ride, activity, or event and find themselves unable to participate should notify the office as soon as possible and at minimum, before the close of business the day prior (leave a voicemail message if it's outside of normal business hours). Habitual no-shows may result in modified sign-up procedures, and refunds for pre-paid activities, events, and trips will not be issued.

Members may sign up for themselves and one other member.

Members will be picked up at their residences and

Still unsure? We're happy to explain further.



Introduction

An Advance Directive, commonly known as a Living Will, permits an individual to provide a general statement of his wishes regarding health care in the event the individual has lost the ability to express his desires.

An Advance Directive permits you to write down your intentions regarding medical procedures in the event you can no longer express yourself.

The purpose of an Advance Directive is to permit an individual to preclude medical treatment which prolongs death rather than improves recovery or quality of life.

It is important to note the limitations of an advance directive. The document does not permit a physician to take pro-active steps to terminate life, but rather permits withholding of treatment.

What is an Advance Directive (Living Will)?

In New Jersey, an Advance Directive (commonly referred to as a Living Will) may include both an Instruction Directive and a Proxy Directive. An Instruction Directive is a writing which provides instructions and direction regarding the person's wishes for health care in the event that person subsequently lacks decision-making capacity. A Proxy Directive is a writing which designates a health care representative in the event the maker subsequently lacks decision-making capacity.

Is an Advance Directive legal?

Yes. New Jersey Statute 26:2H-54 (1992) specifically authorizes an individual to execute an Advance Directive, and to appoint another as proxy for health care decisions. Advance Directives are recognized in all 50 states, information regarding the law in a particular state can be accessed through that state or through the Federal Patient Self Determination Act, 42 USC 1395 c(a)-1 et. seq.

Can anyone prepare an Advance Directive?

Any competent adult (18 years or older) may execute an Advance Directive.

Must I hire an Attorney to prepare an Advance Directive?

No, but you have that option.

Certified copies of NJ records are available from the municipality that originally issued them and from the Office of Vital Statistics and Registry: nj.gov/health/vital or (609) 292-4087

START HERE

STEP I 2 PROOFS OF RESIDENTIAL ADDRESS

- Valid NJ driver license/non-driver identification card, or a Motor Vehicle Commission issued driver license renewal form (displaying residential address)
- Utility or credit card bill issued in the past 90 days
- Checking or savings account statement from a bank or credit union issued within the past 60 days
- Original, unexpired lease or rental agreement
- Tax bill, statement or receipt, and/or any letter or correspondence received from the IRS or tax office within the past year
- First class mail from any government agency in the past six months
- If under 18, statement from parent or guardian certifying address of applicant

NEXT

STEP II 1 PROOF OF FULL SSN

Applicant must submit social security number on application for verification with SSA. IF verification fails you must submit one of the following to include full name and SSN:

- Social Security Card
- W-2 Form issued within the past year
- Pay Stub with name and full SSN
- 1099 Form issued within the past year

CONTINUE

Documents from steps I and II may also be used as secondary documents if listed as an option

Note: Financial information can be blacked out

Legal proof of name change is a certified marriage or civil union certificate, divorce decree, or court order linking the new name with the previous name. A divorce decree may be used as authority to resume using a previous name only if it contains the married name and previous name and states a return to use of the previous name.

- For a replacement SSN card visit: socialsecurity.gov/myaccount
- If the applicant's birth certificate is from Jersey City/Hudson County, you must check: state.nj.us/health/vital/order-vital/jersey-city-hud-son-county-records

STEP III 6 POINTS COMBINED FROM PRIMARY AND SECONDARY (REQUIRED)

PRIMARY
Select one and only one document from Primary

SECONDARY
Cannot use more than two 1-point documents.

- | | | |
|--|--|--|
| <p>4 Unexpired US passport or passport card</p> <p>4 US or US Territory birth certificate certified copy filed with a state office of vital statistics or equivalent agency in the individual's state of birth</p> <p>4 US Department of State birth certificate (Form FS-545 or DS-1350)</p> <p>4 US Department of State Consular Report of Birth Abroad (Form FS-240)</p> <p>4 Certificate of Naturalization (Form N-550, N-578, or N-570)</p> <p>4 Certificate of Citizenship (Form N-560 or N-561)</p> <p>4 Current Permanent Resident Card (Form I-551) issued by USCIS (with expiration date)</p> <p>4 Unexpired foreign passport with valid visa and I-94 (stamp or form version)</p> <p>4 Current photo employment authorization card (USCIS Form I-688B or I-766)</p> <p>2 Current Permanent Resident Card (Form I-551) issued by INS (without expiration date)</p> | <p>1 Unexpired standard photo driver license from NJ or any state, or US Territory, and the District of Columbia</p> <p>1 Unexpired standard non-driver identification card from NJ only</p> <p>1 Social Security card</p> <p>1 Bank/credit union statement or record (within the past 60 days)</p> <p>1 ATM/debit card with preprinted name and applicant's signature (ATM/debit card and bank statement cannot be submitted together)</p> <p>1 Current health insurance card or prescription card displaying applicant's name</p> <p>1 Current employee identification card with pay stub</p> <p>1 State professional license</p> <p>1 NJ public assistance card with photo (also known as an NJ Social Services identification card)</p> <p>1 High school diploma, GED or college degree</p> <p>1 Property tax statement, bill or receipt issued by an NJ municipality</p> <p>1 For NJ high school students: a waiver certificate for the written portion of the driver's test</p> <p>1 Veterans Administration universal access photo identification card</p> | <p>2 Unexpired federal government employee driver license</p> <p>2 Unexpired federal government employee photo identification card</p> <p>2 US military discharge papers (Form DD-214)</p> <p>2 FAA pilot license</p> <p>2 US school photo identification card with transcript or school records</p> <p>2 US college photo identification card with transcript</p> <p>3 Legal name change court order signed by a judge or court clerk</p> <p>3 Civil marriage or civil union certificate or divorce decree</p> <p>3 US adoption papers</p> <p>3 Current US military photo identification card</p> <p>3 Current US military dependent card</p> <p>3 US military photo retiree card</p> <p>3 NJ firearm purchaser card</p> <p>4 Unexpired REAL ID driver license, non-driver identification card, or probationary license from any state, US territory and the District of Columbia</p> |
|--|--|--|

NEW JERSEY STANDARD LICENSE & NON-DRIVER ID REQUIREMENTS

Documents not written in English must be accompanied by a certified translation in English.

6 POINTS

PROOF OF IDENTITY/PROOF OF DATE OF BIRTH

No primary or secondary documents can be expired more than three years.

Note: Commercial Driver License (CDL) applicants must provide proof of US citizenship or lawful permanent resident status in the US.

PRIMARY Applicant must submit at least one document from the following

- 4 US or US territory birth certificate or certified copy filed with a state office of vital statistics or equivalent agency in the individual's state of birth
- 4 US Department of State birth certificate (Form FS-545 or DS-1350)
- 4 US Department of State Consular Report of Birth Abroad (Form FS-240)
- 4 US adoption papers
- 4 US passport or passport card
- 4 Foreign government issued passport from applicant's country of citizenship
- 4 NJ digitized driver license (including probationary license)
- 4 NJ digitized non-driver ID card
- 4 US military photo identification card (Common Access Card)
- 4 Original birth certificate from any country
- 4 Photo driver license from any state, US territory or the District of Columbia
- 4 Photo driver license issued by country other than the US, must be presented with another government issued document

SECONDARY Applicant must submit at least one document from the following

- 3 NJ digitized driver license (including probationary license)
- 3 NJ digitized non-driver ID card
- 3 Photo driver license from any state, US territory or the District of Columbia
- 3 Legal name change court order signed by a judge or court clerk
- 3 Civil marriage or civil union license or certificate or divorce decree
- 3 Document issued by US DHS
- 3 US Uniformed Services photo ID card
- 3 US Civilian Retiree photo ID card
- 3 Veteran's Administration universal access photo ID card
- 3 Official school or college photo ID card with transcript or school records (with applicant's DOB) from any country
- 3 NJ Firearm Purchaser card
- 2 US government employee driver license
- 2 US government employee photo ID card
- 2 US military discharge papers (DD214)
- 2 FAA pilot license
- 2 Certified adoption records from any country - other than the United States
- 2 NJ DOC ID card
- 1 Driving privilege card with photo issued by any state, municipality, US territory or the District of Columbia
- 1 State professional license
- 1 NJ Public Assistance card with photo
- 1 SS card with SSA verification
- 1 High school diploma or GED, college diploma or trade school degree from any country
- 1 Bank statement/record on bank letterhead (can't be used in conjunction with ATM card)
- 1 ATM card with preprinted name and applicant's signature (can't be used in conjunction with bank statement)
- 1 Health insurance card or prescription card
- 1 Employee identification card accompanied by a printed pay stub from applicant's employment in the US
- 1 Property tax statement, bill or receipt issued by a NJ municipality
- 1 For NJ high school students: a waiver certificate for the written portion of the driver test

(NO MORE THAN TWO 1-POINT DOCUMENTS ALLOWED)

PROOF OF NJ RESIDENCY

Applicant must submit one document from the following.

(NOTE: All documents must display residential address and have applicant's name)

- NJ driver license/non-driver identification card, or a Motor Vehicle Commission issued driver license renewal form
- Property tax bill, statement, or receipt or any letter or correspondence received from the IRS or state tax office within the past year
- NJ driver license/non-driver identification card, or a Motor Vehicle Commission issued driver license renewal form with name of applicant as lessee or renter
- Checking or savings account statement from a bank or credit union issued within the last 60 days
- Original unexpired lease or rental agreement
- If under 18, statement from parent or guardian certifying address of applicant
- Utility or credit card bill issued in the past 90 days
- A deed or title to real property

PROOF OF SSN

Applicant must submit social security number on application for verification with SSA.

IF verification fails you must submit one of the following to include full name and full SSN:

- Social Security Card (no copies)
- W-2 Form issued within the past year
- Pay stub issued within the past year
- SSA-1099 Form issued within the past year
- Non-SSA-1099 Form issued within the past year

OR

PROOF OF ITIN

Applicant must submit one of the following:

- Official document from the IRS or the New Jersey Division of Taxation displaying applicant's name and ITIN.
- NJ income tax refund displaying ITIN

Legal proof of name change is a certified marriage or civil union certificate, divorce decree, or court order linking the new name with the previous name. A divorce decree may be used as authority to resume using a previous name only if it contains the married name and previous name and states a return to use of the previous name. A marriage or civil union certificate may only be used as proof of change to a last name.

*Individuals ineligible for an SSN and who do not have an ITIN may submit a signed affidavit form available on the initial license page of the MVC website NJMVC.GOV. The affidavit must be notarized, or signed in front of an MVC agency employee. False statements are punishable by law.

April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office on Aging Hours of Operation Monday-Friday 9:30am-3pm (732) 257-2340		1 9am-2pm Around Town Shuttle & Medical Transport	2 9am Chelsea Market NYC	3 10am ShopRite	4 	5
6	7 1pm Left Right Center (with a twist) RSVP required 	8 9am-2pm Around Town Shuttle & Medical Transport	9 	10 10am ShopRite NO CARDIO FIT CLASS	11 9am Trader Joe's Princeton & PA Dutch Farmer's Market Kingston	12
13	14 1:30pm Latin Dance Workout \$1 	15 9am-2pm Around Town Shuttle & Medical Transport 11am Charcuterie Board Making \$5 pre-paid	16 10am Dollar Tree TJ Maxx/Kohl's Home Goods Stop & Shop/Aldi Brunswick Sq. Mall	17 10am ShopRite	18 Good Friday Office Closed	19
20	21 1pm Jazz Club @ 55 \$5 pre-paid 	22 9am-2pm Around Town Shuttle & Medical Transport	23 10am "Junk Store Day" Dollar Tree Ocean State Job Lot Dollar General North Brunswick	24 10am ShopRite 11am Fun & Games with Kids RSVP required	25 	26
27	28 1:30pm Tai Chi \$1 	29 9am-2pm Around Town Shuttle & Medical Transport	30 10am Shen Yun @ NJPAC Newark \$90 pre-paid + Lunch	Tuesdays 10am Gentle Yoga Classes w/ Steff \$1 recommended contribution	Wednesdays 10am-12pm Haircuts by Mike the Barber \$8	Thursdays 10am Cardio Fitness Classes w/ Sharon \$1 recommended contribution