

South River Office on Aging
Human Services Building
55 Reid Street
South River, NJ 08882

January 2026
Volume 5, Issue 1
(732) 257-2340

The Senior Scoop

OFFICE CLOSURE

All borough offices, including the Office on Aging, will be closed on Thursday, January 1st for New Year's Day.

HAPPY NEW YEAR

May 2026 bring you a year filled with love, laughter, and unforgettable moments.

AROUND THE BOROUGH

New Year's Day Trash and Recycling Collection Change: With New Year's Day falling on Thursday, January 1st, trash collection that normally takes place on Thursdays will instead be collected on Friday, January 2nd. Additionally, recyclables that are normally collected on Thursdays will be collected on Saturday, January 3rd.

REID STREET ROAD WORK

The Office on Aging will be closed for one week (actual dates to be determined) during the month of January for extensive repairs to the road directly in front of our entrance. Specifics will be shared as soon as they become available to us. We apologize for the inconvenience.

PLANNING AHEAD

Mystery Trip: When: Friday, February 13th @ 10am (\$25 pre-paid); sign-up begins Monday, January 12th.

Despite experiencing mobility challenges, Santa gave a top-notch performance at our Christmas Party last month.



I don't know where
I'm going from here,
but I promise it won't
be boring.

-David Bowie



January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office on Aging Hours of Operation Monday-Friday 9:30am-3pm (732) 257-2340	Mondays 10am Line Dancing Classes w/ Joyce \$1 recommended contribution	Tuesdays 10am Strength Training Classes w/ Nancy \$1 recommended contribution	Thursdays 11am Gentle Yoga Classes w/ Steff \$1 recommended contribution	1 New Year's Day Office Closed	2	3
4	5	6	7	8	9	10
11	12	13 NO CARDIO CORE CLASS	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 Wednesdays 10am-12pm Haircuts by Mike the Barber \$8 please call the day of