

South River Office on Aging
Human Services Building
55 Reid Street
South River, NJ 08882

April 2026
Volume 5, Issue 4
(732) 257-2340

The Senior Scoop

OFFICE CLOSURE

The Office on Aging will be closed on Friday, April 3rd for Good Friday.

APRIL TRIPS & ACTIVITIES

Lunch @ The Shrimp Box, Point Pleasant: When: Wednesday, April 1st @ 11am; limited availability; sign-up began March 19th.

"The Curated Scramble" Breakfast Social: What: A thoughtfully-styled breakfast gathering where good food & good company come together with intention. When: Friday, April 17th @ 10am (\$8 pre-paid; waitlist available; sign-up began March 19th.

"Sexy Laundry" @ Bell Works Theater, Holmdel: What: After 25 years of marriage, a middle-aged couple checks into a hotel in a hilarious attempt to break out of their routine and rekindle their fading spark. When: Wednesday, April 22nd @ 10:30am (\$47 pre-paid + Lunch); waitlist available; sign-up began March 19th.

Bring Your Child to Work Day: What: Stop by and meet our team's little ones who will be spending the day in the game room enjoying retro board games, puzzles, and simple, old-school fun. When: Thursday, April 23rd 10am-1pm.

EXACT CHANGE REMINDER

Please be reminded that members who wish to pay for activities, trips, and events with cash must do so with exact change. We also accept personal checks made payable to South River Senior Trust.

PLANNING AHEAD

Happy Lunch @ Rooney's, Long Branch: When: Friday, May 8th @ 10:30am; sign-up begins Monday, April 20th.

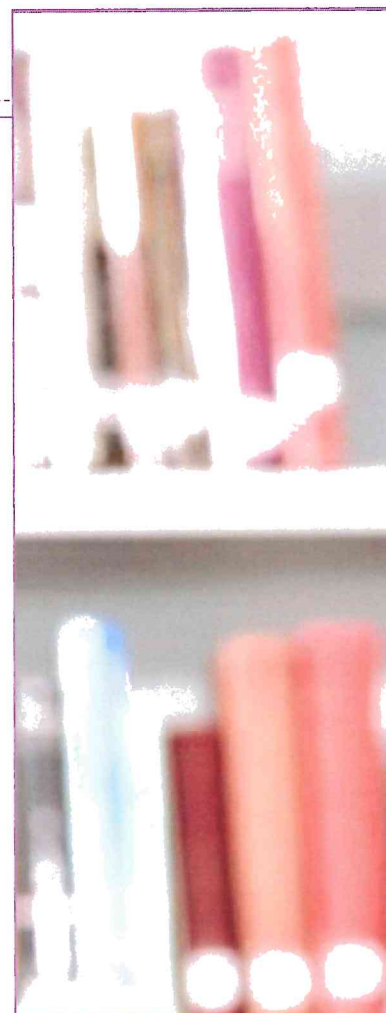
Mystery Trip: When: Wednesday, May 20th @ 9am (\$10 pre-paid + Lunch); sign-up begins Monday, April 20th.

"Scoops in Bloom" Ice Cream Social: What: A curated flight of small-batch vibrant hues & creamy, hand-churned artistry. When: Thursday, May 21st @ 12pm (\$5 pre-paid); sign-up begins Monday, April 20th.

Middlesex County 90+ Birthday Celebration & Luncheon @ Old Bridge Senior Center: When: Friday, May 22nd @ 11am (pick-up time: 10am); transportation is available for members and their guest; **RSVP required by May 15th;** sign-up begins Friday, April 17th.

RESIDENTIAL PAPER SHRED EVENT

Residents are invited to safely dispose of old and unwanted personal documents at the Borough's annual event on **Saturday, April 25th, 9am-12pm, @ the Dept. of Public Works, located at 9 Ivan Way.** Newspapers, magazines, hardcover books, junk mail, X-rays, CDs, photos and garbage will not be accepted. Paper must be contained in manageable receptacles (no plastic bags).



*April hath put
a spirit of youth
in everything.*

-WILLIAM SHAKESPEARE



April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office on Aging Hours of Operation Monday-Friday 9:30am-3pm (732) 257-2340			1 11am Lunch @ The Shrimp Box Point Pleasant cash only	2 10am ShopRite	3 Good Friday Office Closed	4 Mondays 10am Line Dancing Classes w/ Joyce \$1 recommended contribution
5	6	7 9am-2pm Around Town Shuttle & Medical Transport	8 10am Dollar Tree TJ Maxx/Kohl's Home Goods Stop & Shop/Aldi Brunswick Sq. Mall	9 10am ShopRite	10 	11 Tuesdays 10am Strength Training Classes w/ Nancy \$1 recommended contribution
	13	14 9am-2pm Around Town Shuttle & Medical Transport 10am Cardio Fitness Class w/ Sharon	15 	16 10am ShopRite	17 10am "The Curated Scramble" Breakfast Social \$8 pre-paid waitlist available	18 Wednesdays 10am-12pm Haircuts by Mike the Barber \$8 please call ahead
19	20	21 	22 10:30am "Sexy Laundry" @ Bell Works Theater Holmdel \$47 + Lunch waitlist available	23 10am ShopRite 10am-1pm Bring Your Child to Work Day	24 9am Trader Joe's Princeton & PA Dutch Farmer's Market Kingston	25 Thursdays 11am Gentle Yoga Classes w/ Steff \$1 recommended contribution
26	27	28 9am-2pm Around Town Shuttle & Medical Transport	29 	30 9:30am ShopRite		