

South River Office on Aging
Human Services Building
55 Reid Street
South River, NJ 08882

May 2026
Volume 5, Issue 5
(732) 257-2340

The Senior Scoop

OFFICE CLOSURE

The Office on Aging will be closed on Monday, May 25th in observance of Memorial Day.

MAY TRIPS & ACTIVITIES

Happy Lunch @ Rooney's, Long Branch: When: Friday, May 8th @ 10:30am; limited availability; sign-up began April 20th.

Mystery Trip: When: Wednesday, May 20th @ 9am (\$10 pre-paid + Lunch); limited availability; sign-up began April 20th.

"Scoops in Bloom" Ice Cream Social: What: A curated flight of vibrant, small-batch, creamy, hand-churned artistry. When: Thursday, May 21st @ 12pm (\$5 pre-paid; limited availability; sign-up began April 20th.

Middlesex County 90+ Birthday Celebration @ Old Bridge Senior Center: When: Friday, May 22nd @ 11am (pick-up time: 10am); transportation is available for members and their guest; RSVP required by May 15th.

PLANNING AHEAD

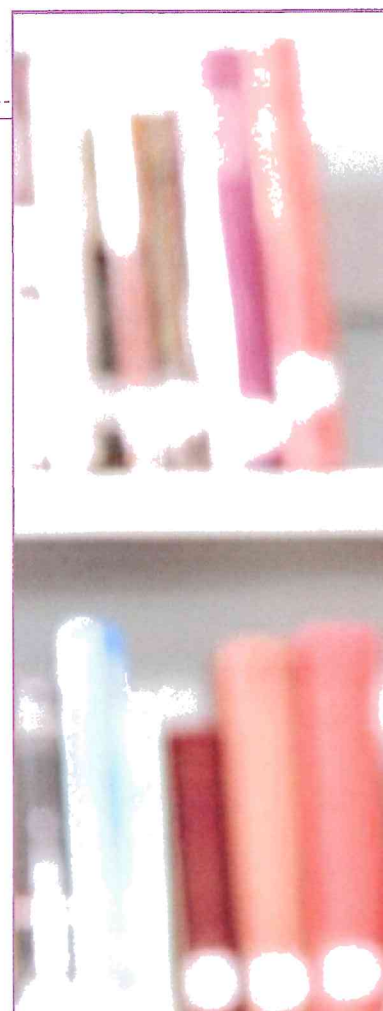
Christmas Party @ Grand Marquis, Old Bridge: When: Friday, December 4th, 12pm-4pm (\$25 pre-paid); sign-up details forthcoming.

MEMORIAL DAY PARADE

The Borough's Cultural Arts and Heritage Commission is holding their annual Memorial Day Parade on Monday, May 25th at 1pm. The parade route begins at Main Street and Hillside Avenue, turns right on Jackson Street, left on Ferry Street, left on Main Street, and ends at the War Memorial Building. All are welcome to come and honor those who made the ultimate sacrifice for our country.

LOW-INCOME SENIOR FARMERS' MARKET NUTRITION PROGRAM

Boost healthy eating habits this season with the NJ Senior Farmers' Market Nutrition Program. Eligible seniors can receive a digital benefit of \$40 to purchase fresh, locally grown fruits, vegetables, and herbs from participating farmers' markets and farm stands. To qualify, applicants must be 60+ years of age, in active membership status with the Office on Aging, and meet specific income guidelines (1-person household: \$2,413 max monthly gross income; 2-person household: \$3,261 max monthly gross income). Benefits are distributed on a first-come, first-served basis. Members who believe they qualify and wish to apply should call us to schedule an appointment.



*May, the month
of sunshine, blooming
flowers, and endless
possibilities.*

-UNKNOWN



May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office on Aging Hours of Operation Monday-Friday 9:30am-3pm (732) 257-2340					1	2 Mondays 10am Line Dancing Classes w/ Joyce \$1 recommended contribution
3	4	5 9am-2pm Around Town Shuttle & Medical Transport	6 10am Dollar Tree TJ Maxx/Kohl's Home Goods Stop & Shop/Aldi Brunswick Sq. Mall	7 10am ShopRite	8 10:30am Happy Lunch @ Rooney's Long Branch cash only	9 Tuesdays 10am Strength Training Classes w/ Nancy \$1 recommended contribution
10 	11 NO LINE DANCING CLASS	12 9am-1pm Around Town Shuttle & Medical Transport	13 9am Resorts Casino Atlantic City	14 10am ShopRite	15	16 Wednesdays 10am-12pm Haircuts by Mike the Barber \$8
17	18	19 9am-2pm Around Town Shuttle & Medical Transport	20 9am Mystery Trip \$10 + Lunch	21 10am ShopRite 12pm "Scoops in Bloom" Ice Cream Social \$5 pre-paid	22 10am County 90+ Birthday Celebration @ OB Senior Center RSVP required	23 Thursdays 11am Gentle Yoga Classes w/ Steff \$1 recommended contribution
24/31	25 Memorial Day Office Closed	26 9am-2pm Around Town Shuttle & Medical Transport	27	28 10am ShopRite	29	30